



# COVID-19 Protocols

## Effective Date

This policy comes into effect as of September 28<sup>th</sup>, 2020.

## Review Period

The policy will be reviewed on an annual basis by SRVC and will be updated as required in consultation with the COVID-19 Oversight Committee.

## Protocols

- Before entering the facility, all athletes must complete the screening via Google Forms
  - ***Athletes are required to complete this to gain access to the facility***
- Athletes are required to store all belongings in their bags, which include; a mask, extra water and all belongings required for practice.
- Masks must be worn while entering the building, when on the sidelines, during warm-up and cool down, and when leaving the facility.
- When entering the building, everyone must use the hand sanitizer provided at the entrance.
- When entering and exiting the gym, all athletes must sanitize their hands. For example, if an athlete leaves the gym to use the washroom, they must first sanitize their hands, use the washroom and when returning, sanitize their hands again before re-joining practice. Hand sanitizer stations are located inside the gymnasium doors.
- Gym bags will be permitted BUT all belongings must be able to fit into your gym bag. All bags must be spread out at least 6 feet apart from one another.
- The water fountains MUST not be used. All athletes must bring additional water to last the entire practice. No sharing of water bottles will be permitted.
- Personal belongings must NOT be shared between athletes (ex. water bottles, knee pads, arm sleeves, foam rollers, extra shirts, etc.)
- Spectators will not be permitted during tryouts, practices, games or other events without prior consent that has been arranged by the Head Coach with the COVID-19 Oversight Committee.



## Coach Protocols:

- At the start of each event and before entering a facility, a Coach must complete the daily health screening and ensure all athletes, other coaches, volunteers, etc. have completed and passed their health screening.
- Coaches are encouraged to run warmups outside before entering the facility (weather permitting). Social distancing must still be maintained.
- If a gym is being shared, Coaches must ensure the wall divider is down and in place before athletes enter and practice begins.
- In order for a Head Coach to host or travel to an exhibition game, host or plan any fundraising activities, host or to plan a team bonding event or other similar activities to the examples provided, the Head Coach must have an approval from the COVID-19 Oversight Committee to ensure COVID-19 protocols are tracked and followed.
- Scrimmages are acceptable, however, can only take place if permissible under Ontario's framework for re-opening the Province.
- Coaches must always wear a face mask during practices and scrimmages.
- Coaches are responsible for wiping down and cleaning all equipment before it is put back in the equipment room.
- Coaches must wipe down and clean all balls before they are placed back in the ball bag(s).
- Coaches must ensure social distancing is enforced during drill debriefs, warmups, stretching, water breaks, sanitizer breaks and practice.
- Drills that keep athletes in close proximity to one another cannot be used. For example, a hitting drill against a static two player block cannot be used. However, you can modify the drill to have a middle blocker close the block with the outside hitter before returning to their IDP.
- Coaches will remind athletes that hand shaking, high fives, etc. are not permitting and continually enforce social distancing.